



Power Alley Hitting School

Power Alley Hitting is a new program being offered to advance hitters. Hitters looking to take their skills to the next level by increasing bat speed and plate coverage. With this program, hitters will go through an intense workout designed to help enhance mechanics but gaining strength at the plate. Exit velocity is becoming a big trait with hitters and this program is here to make that happen!

If you are looking to enhance your skills at the plate, then this class is right for you. We will cover:

- Lower/Upper Body Mechanics
- Proper Bat Path
- Location Hitting
- Bunting
- Situational Hitting (Older Groups)
- Off-Speed Hitting (Older)
- Bat Speed/Exit Velo Tracking using Diamond Kinetics software
- Pitch Recognition

There is a max amount of 4 hitters per group so sign up fast! **NO WALK INS ALLOWED!!** Hitters must pre-pay upon registration. If a class is cancelled for an unusual situation, a refund for that day will be in place, however if a hitter does not make it to class, a refund will NOT occur.

Register your child as an early Christmas present. If you purchase at least 2 classes (hitting, pitching, fielding, catching) receive a 10% discount!

**COST: \$140
(\$35 PER CLASS)**

**THE PROGRAM WILL LAST
FOR 4 WEEKS
(ONE DAY A WEEK)
JANUARY AND FEBRUARY**

AGES 9 AND OLDER

**4:1 HITTER/INSTRUCTOR
RATIO**

**TO REGISTER, PLEASE CONTACT
EHRICH CHICK AT
ECHICKBASEBALL@YAHOO.COM**

**We have a new class that will
occur on Sundays during January
and February!**

Ages 9-12

Time: 1-2pm

**Dates: Jan 7, 14, 21, 28 (session 1)
Feb 4, 11, 18, 25 (session 2)**

**VIDEO ANALYSIS WILL BE
USING:**

